

Spring Hill Elementary School

School Nurse Phone: 931-486-2291, Ext 2343

### **Spring Hill Elementary School Clinic Policies**

The school nurse will call you if your child has:

- Temperature of 100 degrees or higher
- Vomiting
- Diarrhea
- Pink Eye
- Head lice
- Rash of unknown origin
- Continuous complaints of illness
- Injury

We ask that you pick up student within one hour of being notified that the child is sick or injured.

The clinic does not have a change of clothing for students.

The clinic does not provide food or drink (other than water) to students.

### **Illness or Injury Guidelines**

Please read through the MCPS student handbook for illness and injury policies and keep this as a reference guide throughout the school year. It will explain when students can return to school after an illness and when you will likely get a call from the school nurse to pick up your child based on their symptoms.

Please be aware...we cannot put a child on the school bus or send to Boys and Girls Club if they are sick, injured, or meet the MCPS Illness Policy Guidelines. They must be picked up from school by a parent or other authorized person.

## Medication Rules

- All medications must be brought to the school nurse by a parent/guardian. We will not accept medication brought in by a student.
- There will be forms to complete on all medications given to a student. **Only the forms provided by the school will be accepted.**
- Prescription medications must come in a prescription bottle with a **pharmacy label stating dosage and time to take medication.** We will accept 30 pills at a time if your child takes daily medications. **Inhalers** must also have the pharmacy label attached. We will not accept medication that is expired.
- Over the counter medications must be in an **unopened** original container with your child's name on it. This includes Tylenol, Advil, Aleve, Benadryl, allergy medicine, cough drops, eye drops, Neosporin, anti-itch creams, etc. Do not send individual pills or cough drops in a baggie, they will not be accepted and will be disposed of by the nurse. Do not send expired medications of any kind.
- Students are **NOT** allowed to carry any type of medications on them without the school nurse's knowledge and a signed physician's order. (This includes emergency medications, inhalers)
- Emergency Medication (Epi-Pen, Inhalers, Diastat) must be in the **original box with the pharmacy labeled attached.** We will not accept any medication that is expired. If you know your child's medication will expire during the school year it is your responsibility to bring in a replacement prior to the expiration.

Please be sure to complete students Health History form. The nurse will use it to develop a personalized Health Care Plan for any child who has medical concerns including but not limited to the following:

- Diabetes
- History of Seizures
- Food Allergies of any allergy that requires the use of a Epi-Pen
- Tube Feedings
- Catheterizations
- Asthma
- Migraine Headaches
- Any other medical concern that the nurse should be made aware of

**Please use the following guidelines to determine whether your child should attend school.**

**Students should be fever-free without fever reducing medication and no vomiting/diarrhea for 24 hours before returning to school. It is not unusual for students to feel better in the morning and then worse as the day progresses.**

Symptom/Illness	Child should NOT be at school	Child may attend school
Chicken Pox	<ul style="list-style-type: none"> <li>• Skin has itchy pink/red lesions with a blister type center</li> <li>• Fever</li> </ul>	<ul style="list-style-type: none"> <li>• Lesions are crusted over and dry</li> <li>• No fever</li> </ul>
Conjunctivitis "Pink eye"	<ul style="list-style-type: none"> <li>• Eye is red with complaint of burning or itching</li> <li>• Crusty, white or yellow drainage present</li> </ul>	<ul style="list-style-type: none"> <li>• Bacterial Conjunctivitis- after 24 hours on antibiotics.</li> <li>• Viral Conjunctivitis- note from the doctor stating "no longer contagious"</li> </ul>
Cough	<ul style="list-style-type: none"> <li>• Frequent or uncontrollable</li> <li>• Accompanied by a fever</li> </ul>	<ul style="list-style-type: none"> <li>• Infrequent</li> <li>• No fever</li> </ul>
Diarrhea	<ul style="list-style-type: none"> <li>• More than one occurrence</li> </ul>	<ul style="list-style-type: none"> <li>• Single occurrence</li> <li>• No other symptoms such as fever or vomiting</li> <li>• 24 hours after last episode of diarrhea</li> </ul>
Fever	<ul style="list-style-type: none"> <li>• Temperature of 100 degrees or above</li> <li>• Symptoms of headache or cough accompanied by any elevated temperature</li> </ul>	<ul style="list-style-type: none"> <li>• Temperature below 100 degrees for 24 hours without taking a fever reducing medication</li> <li>• No other symptoms are present</li> </ul>
Influenza (FLU)	<ul style="list-style-type: none"> <li>• Temperature at 100 degrees or above accompanied by sore throat, cough, runny nose, congestion, body aches, extreme tiredness, vomiting, or diarrhea</li> </ul>	<ul style="list-style-type: none"> <li>• Temperature below 100 degrees for 24 hours without taking a fever reducing medication</li> <li>• No other symptoms are present</li> </ul>
Rash/ Skin infection	<ul style="list-style-type: none"> <li>• Rash or signs of skin infection that has not been seen by a doctor</li> </ul>	<ul style="list-style-type: none"> <li>• Rash free or written release from doctor</li> <li>• After 24 hours on antibiotics for skin infection</li> </ul>
Strep Throat/ Scarlet Fever	<ul style="list-style-type: none"> <li>• Sore throat, headache, nausea, and/or fever is present</li> <li>• Throat culture is the only way to rule out Strep Throat</li> </ul>	<ul style="list-style-type: none"> <li>• After 24 hours on antibiotics</li> <li>• Fever free for 24 hours without fever reducing medication</li> </ul>
Vomiting	<ul style="list-style-type: none"> <li>• One occurrence</li> </ul>	<ul style="list-style-type: none"> <li>• 24 hours after last episode of vomiting</li> </ul>